

soulcraft

art & craft to soothe your soul

Wind Down with Watercolours



Project Guide

by soulcraft

www.tinycraftbox.com

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Welcome to Wind Down with Watercolour!

I hope you enjoy making this project as much as I enjoyed designing it for you!

This PDF forms part of our wind down with watercolour project guide. The video parts of the guide can be reached by following these links;

Video Guide to Wind Down with Watercolour
Video Demo of The Ducks
Video Demo of The Raccoon

Feel free to follow along with me or create your own design! Use whichever materials take your fancy. Enjoy! It's your time!

What's included in your project?

Everything you need to get started with watercolour paints!

- cartridge paper
- set of watercolour pans
- waterproof fineliner pen
- links to our video part of this project guide are contained in this PDF. If you need any assistance accessing them, please email us at tinycraftbox@gmail.com

In addition, you will need; a jar of water and some tissue, a pencil, ruler and something round to draw around or a compass to make the colour wheel.



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watercolour techniques

Introduction

Welcome to Wind Down with Watercolour! I'm so excited to bring this project to you which features the beautiful painting of Tilly Currah! Tilly lives in rural England and takes inspiration from the countryside and wildlife all around the Devon and Cornwall areas.

Watercolour painting is a super relaxing art and I can personally spend hours experimenting with my paints. I especially love making colour wheels!

Our project features a neat travel set of watercolour paints which can easily be carried with you for a little creative down time during your day!



Tilly's Country Crafts

@tillyscountrycrafts · Artist

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- Before getting started, set up your space. I like to paint next to a window to take advantage of the natural light. I work on a larger notebook or sketchbook to protect my table and replace my water between pieces. Most importantly, I find some soothing music to play to help create a relaxing atmosphere.

- I started by making a colour wheel. These are lovely to paint and demonstrate the basics of colour theory by mixing primary colours to make secondary and tertiary colours.

- First make a circle, I usually draw around a glass. Then divide it into twelve sections. Then label the primary colours; red, yellow, blue leaving three sections in between, then label the secondary and tertiary colours;

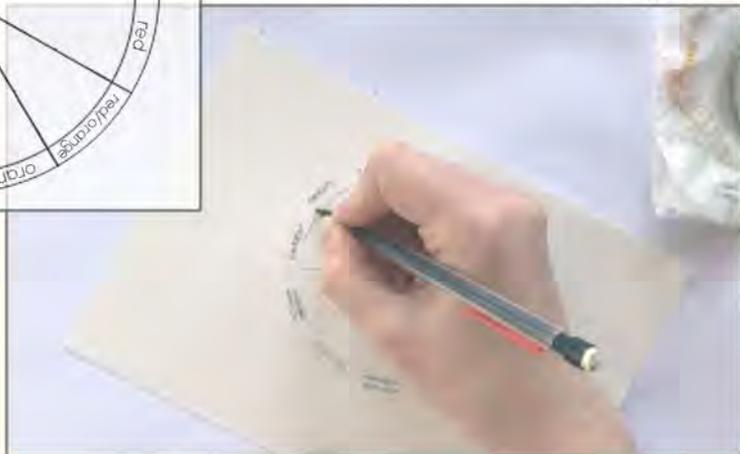
- first paint in the primary colours; red, yellow & blue
- then mix the secondary colours; yellow + blue = green
blue + red = violet
red + yellow = orange
- finally, mix the tertiary colours; green + blue, blue + violet, violet + red, red + orange, orange + yellow & yellow + green



primary colours; red, yellow and blue
they can't be made by mixing other colours together

secondary colours; made by mixing two primary colours together
yellow + blue = green
blue + red = violet
red + yellow = orange

tertiary colours; made by mixing a primary and tertiary colour together.
green + blue, blue + violet, violet + red,
red + orange, orange + yellow,
yellow + green



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- I use the inside lid of my watercolour paints as a palette but an old plate or plastic tray works well too.
- I find mixing the colours and painting in the sections so relaxing! I hope you do too!



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Painting a Picture

- You can paint whatever and however feels good for you, there's not necessarily a right or wrong way to paint. I'll go through Tilly's techniques here for you to try or alternatively you might like to look up a different artist and see how they like to work. The beauty of art is that it's as unique and amazing as the person creating it. Don't feel pressure, just enjoy the process!

- Tilly will often work from a photo of her subject. Lightly sketch the main outlines or shapes with a pencil.

- Start to add colour. Wet the brush and load on some paint.



- Apply the paint to your paper. Build the colours up in stages and don't be worried if you feel like you went wrong. Tilly uses a rag or tissue to blot as she paints if she isn't satisfied.

- You can also use blotting as a creative technique to add texture as you build up layers.



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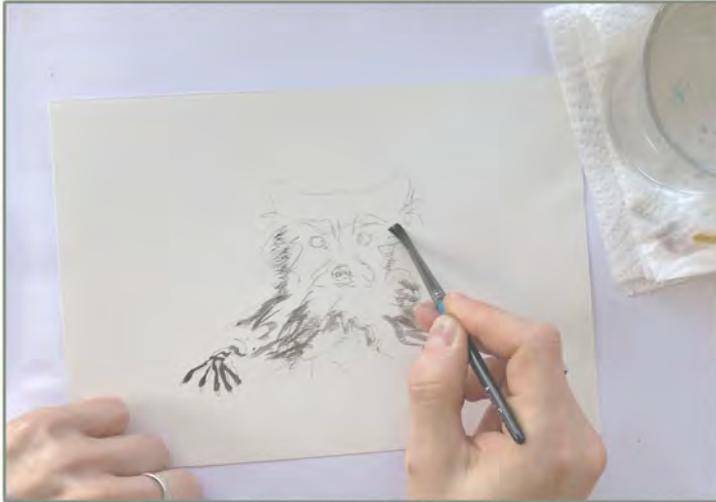
- Use the tip of the brush and mix less water in the paint to create a stronger colour to add detail and shading.
- Dilute the paint using more water to create less concentrated areas and more subtle colour.
- Experiment on a separate sheet of paper as you go to see what works best as your picture progresses.



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- Dry brushing; load the brush with a little paint and blot until the brush is almost dry. Use a light pressure and build the colour gradually using this technique.



- Splatter; load the brush with paint and use your finger to flick the end to create this effect.



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- Finish off by using the fineliner to draw in any fine detail to your piece.



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Well done! You've completed your first watercolour project! How do you feel? Will you keep it and use it for you or will you gift it to someone special?



Remember, it's not about producing a perfect piece, instead concentrate on the process, enjoy the experience, relax and allow your mind to rest.

See you on the next project,

happy soulcrafting!

emmie clare xx

PS; Did you enjoy our Wind Down with Watercolour project? Did you know that we offer a selection of our previously released art & craft project kits in our online store, as well as our very own gorgeous, super giftable handmade items? Click here to visit;

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